



health

Department of
Health
North West Province
REPUBLIC OF SOUTH AFRICA



THE NOVEL CORONAVIRUS (2019-nCoV)

What is Novel Coronavirus? is a new coronavirus strain identified in China, which has caused cases of severe pneumonia in China. Coronavirus is a family of viruses known to cause illnesses ranging from common cold to pneumonia. Cases of 2019nCov have been exported to other cities and countries

Main Signs and Symptoms of the Virus

Mild to severe respiratory illness with the following:

- Fever
- Dry cough
- Difficulty in breathing
- In severe cases they experience organ failure (kidney failure) followed by death

Incubation Period

2-14 days

Mode of Transmission

The virus probably originally emerged from an animal source but now it seems to be spreading from person to person

Treatment

No vaccine available, Patient will be provided with supportive care

How can I Protect myself from getting the virus?

- Wash hands often with soap and water
- Avoid touching eyes, nose and mouth with unwashed hands
- Avoid close contact with suspected person with Novel Coronavirus
- Stay at home when you are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect your hands frequently after touching objects and surfaces

-REMAIN VIGILANT AND ADOPT GOOD PERSONAL HYGIENE-

MONITOR YOUR HEALTH CLOSELY

- 1 All travelers to monitor your health closely for 2 weeks upon returning to South Africa
- 2 If you have fever, cough or runny nose, wear a mask and seek medical attention promptly
- 3 Call the clinic ahead of your visit and inform the doctor of your symptoms and travel history

PRECAUTIONS TO TAKE



Avoid contact with live animals, poultry & birds



Avoid consumption of raw and undercooked meat



Avoid crowded places and around people who are unwell



Observe good personal hygiene at all times



Wash hands frequently with soap



Wear a mask if you have a cough or runny nose



Cover your mouth with a tissue paper when coughing or sneezing



See a doctor if you are unwell



@NorthWestDOH



North West Department of Health

www.health.gov.za



RUSTENBURG EMERGENCY
CONTACT NUMBERS

SAPS

Rustenburg SAPS Radio Control Centre:
014 590 4115/6/7
Rustenburg SAPS Community Service Centre:
014 590 4126/27/39
SAPS Boitekong: 014 593 6001/ 6002/ 6003
SAPS Emergency (cell phones only): 112
SAPS Marikana: 014 572 3143
SAPS Rustenburg: 014 590 4112
SAPS Tlhabane: 014 565 9171/54/59

AMBULANCE

Ambulance / Metro Control Room:
014 597 6612
Ambulance / Metro Control Room (provincial):
10177

MEDICAL EMERGENCY

Med 24/7 (Private): 086 177 7761
ER24: 084 124
NetCare 911: 082 911
Trauma Rescue:
014 594 0689
Ferncrest Hospital (Emergencies):
014 568 4339/8
Peglerae Hospital (Casualties):
014 597 2823

HOSPITALS

Ferncrest Hospital: 014 568 4399
Job Shimankana Tabane (JST) provincial
hospital: 014 590 5100
La Femme Clinic: 014 594 9500
RusMed 24: 014 523 9378/9351

PEST CONTROL / SNAKE EMERGENCY NUMBERS

Mostert Pest Control: 071 213 5107

CLEANING SERVICES 24/7

CIA Crime Incident Accident:
079 498 7606

FIRE

Fire Department: 014 590 3232 /3444/3333
Rustenburg Local Municipality emergencies
(fire): 014 590 3090

RTB LOCAL MUNICIPALITY

RLM Accounts Queries:
014 590 3111
Press 1 for:
RLM Emergencies (Fire Dept.)
Press 2 for:
RLM Customer Care Supervisor

ALARMS

ADT (Control Room):
086 121 2520 / 086 121 2501
Oracle Protection Services:
014 533 3062/3726 / 081 358 4032
Wesalarms: 014 592 8364

SSR & CPF/GPF

CPF Sector 1: 061 019 6870
CPF Sector 2: 072 907 0844
CPF Sector 3: 072 204 4847
CPF Sector 5: 082 573 3712
CPF Sector 6: 079 227 9748
Staan Saam RTB: 083 444 6391
Staan Saam Rustenburg Community Watch:
083 296 6949

SOUTH AFRICAN COMMUNITY CRIME WATCH RUSTENBURG (SACCW)

079 689 0961

ANIMAL EMERGENCIES

Animal Clinic Zinniville: 014 538 2114
ARAN Veterinary Clinic: 014 592 6007/
083 410 7960
Bergbos Direklinik: 014 533 1959/2084
Bergbos Direklinik (A/H): 083 653 1081
Rtb SPCA: 014 592 3181
Rtb SPCA (A/H): 072 933 7723

WATER

Water Problem Helpline: 014 590 3111

ELECTRICITY

Electricity Helpline: 014 565 1042
Eskom National Line: 086 003 7566

ROAD & TRAFFIC

Bakwena N4 Toll Road: 080 022 5936
Traffic Control Room (Rustenburg): 014 590 3221

PLATINUM WEEKLY
NEWSPAPER: 014 592 5653 /
072 482 6871.

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